skyclad travel

THE FIELD GUIDE No. 6

# How to Choose a Naturist Resort

*Matching the Place to Your Style*



A family nudist park in Florida, a naturist campsite in Croatia, an all-inclusive in Jamaica and a tiny eco-lodge in Mexico can all appear on the same "nude resorts" list, and they couldn't be more different. Choosing well is the difference between "I'll never do that again" and "when can we go back?" This guide helps you match the place to you.

## Step 1 · Start with five questions

1. **Who's coming?** Solo, couple, friends or family with kids? This narrows the list faster than anything else.
2. **What's the vibe you want?** Quiet and restful, social and active, or back-to-nature?
3. **Nude expected, or your choice?** (See **Field Guide No. 2**.)
4. **What's your budget, and what does it cover?** Lodging only, meals or everything?
5. **When are you going?** Many European naturist sites close for winter and open only from about April to October.

## Step 2 · Know the main types of naturist stays

| Type | Best for | Good to know |
|---|---|---|
| **Family nudist park or club** (e.g. Cypress Cove, Florida) | Families, community, first-timers in the U.S. | Usually day passes plus rooms or RV sites. Often membership-based, and many have singles policies |
| **Naturist holiday village or campsite** (e.g. Euronat, France; Valalta, Croatia) | Budget trips, long stays, beach lovers | Basic pitches, shared facilities, a pool and a small bar can make a great budget week. It's a different experience from a hotel, not a worse one |
| **Naturist hotel** (e.g. Vritomartis, Crete) | Comfort, couples, a relaxed holiday | More service and comfort than a campsite. Some have dress codes in the restaurant or bar |
| **Clothing-optional resort** (e.g. Hidden Beach, Mexico) | Nervous first-timers, mixed groups | Easier first step, but rules can differ by pool, restaurant and lobby |
| **Adults-only all-inclusive** (e.g. Grand Lido Negril, Jamaica) | Couples, luxury, no planning | "Adults-only" describes the age limit, not the atmosphere. It could be quiet, romantic or party-focused |
| **"Nude and prude" resorts** (e.g. Hedonism II, Jamaica) | Mixed groups where some want to stay dressed | The resort is divided into a nude side and a clothing-optional "prude" side |

See examples of each type on the skyclad travel map.

## Step 3 · Naturist vs. "lifestyle": read the signals

This is the most important thing to get right. A **naturist** resort is about non-sexual social nudity, and many welcome families. A **lifestyle** resort is an adults-only, sex-positive property, and it isn't another name for a naturist club. Neither is wrong, but booking the wrong one can ruin a trip.

### Signs it's a naturist resort

- Photos look like a holiday resort: pools, lawns, dining and sunsets
- Clear rules on photography and behavior
- Families or "all ages" welcome, or a clear reason if not
- Listed with AANR, the INF or a national naturist federation
- Day passes available, a good sign of openness

### Signs it's a lifestyle resort

- Mentions of playrooms, theme nights or "lifestyle"
- Marketing imagery that looks more like adult content than travel
- Reviews that read like reviews of an adult venue

> **FIELD GUIDE TIP**
>
> If a website is vague about its age policy, dress rules, privacy or conduct, ask in writing before you book, or skip it.

## Step 4 · Check the details that matter

**Ages allowed.** Family, 16+, 18+ and 21+ venues all exist, so confirm the rule for everyone in your group. Our country pages show featured venues' age policies as a badge.

**Singles policy.** If you're traveling solo, this can decide everything (see **Field Guide No. 4**). Policies range from open to all to couples only.

**Nudity rules by area.** Where is nudity expected, optional or not allowed? Some places require nudity at the pool and beach but clothing in the restaurant and shop. Others welcome nudity everywhere, even at dinner.

**Membership and cards.** Some venues ask for a naturist license, INF card or prior experience, especially from singles. Joining AANR also saves 20% on admission at about 180 affiliated clubs.

**Size and atmosphere.** Smaller resorts, with a shared pool and bar, make it easy to meet people. Very large ones let you blend into the crowd, but some can feel anonymous.

**Season.** Check opening dates and weather. A Croatian campsite in October or a desert resort in August can be a very different trip.

## Step 5 · Read reviews the right way

Reviews of real naturist venues read like normal travel reviews, covering the food, rooms, staff and activities. Look for:

- Comments on **friendliness to newcomers**
- **Cleanliness**, especially pools, showers and hot tubs
- The **mix of guests**: families, couples, singles, ages
- How staff handle **rule-breakers**
- **Recent dates.** Resorts change owners, policies and vibes.

Also check for a proper website with a real address and phone number.

## Step 6 · Try before you commit

- **Book a day pass first** at a resort near home.
- **Or start at a clothing-optional beach.** It's free, low-commitment, and you can leave whenever you like.
- **Then go bigger:** A weekend, then a week, then the trip abroad.

## Match yourself to a resort

| If you are... | Look for... |
|---|---|
| A nervous first-timer | Clothing-optional, day passes, a first-timer tour |
| A family with kids | "Family" age badge, kids' activities, a naturist (not lifestyle) label |
| A couple wanting rest | Naturist hotel or adults-only resort that's described as quiet |
| A solo traveler | Singles policy "open," smaller resorts, group activities |
| On a budget | European naturist campsites or U.S. clubs with day fees |
| Wanting luxury, no planning | Adults-only all-inclusive. Check the naturist-vs-lifestyle signals. |

## How skyclad travel helps

Every listing on our map and country pages shows the basics at a glance:

- **Type.** Gold pin = resort, green = campground, blue = beach, purple = event.
- **Beach type.** Official nude beach, nude section of a larger beach, or traditional (tolerated).
- **Courtesy Rating.** The country's rating, from ½ to 5 suns (see **Field Guide No. 10**).
- **Address, web and phone.** Where the venue publishes them.
- **Ages allowed.** Shown on featured venues (Family · 16+ · 18+ · 21+ · Couples only).

Filter the map by type and beach type to find your match. Policies, prices and seasons change, so always confirm with the venue before you book, and suggest a correction if something has changed.

## RESORT CHOOSER QUICK CARD

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1. Who's coming, what vibe, what budget, what season?
2. Naturist, clothing-optional, adults-only or lifestyle? Know which you're booking
3. Check ages allowed and singles policy
4. Check where nudity is expected, and where clothes are
5. Read recent reviews for newcomer-friendliness and cleanliness
6. Try a day pass before a week away
7. When in doubt, ask in writing

*Policies, prices and opening dates change often. Always confirm details with the venue before booking, and follow local laws. skyclad travel never publishes nude images.*