skyclad travel

THE FIELD GUIDE No. 4

Solo Naturist Travel

Singles Policies, Safety and the Most Welcoming Places



Traveling solo can be one of the best ways to experience naturism. You set your own pace, meet people easily, and there's nobody to talk you out of that sunrise swim. It does take a bit more planning, though, because many venues have **singles policies**. This guide explains why those rules exist, how to work with them, and how to stay safe and comfortable on your own.

Why singles policies exist

Many clubs try to keep a balance of men and women, and of singles and couples. When a venue is mostly men, women, especially newcomers, often feel uncomfortable and don't come back. A balanced crowd keeps the whole community welcoming.

THE TAKEAWAY

Singles policies aren't personal. They protect the relaxed, family-friendly atmosphere that makes naturism work for everyone, single men included.

The types of policies you'll see

Policy	What it means
Open to all	No special rules for singles
Experience or membership required	First-time single men need proof of naturist membership or past club experience
Naturist license or proof of stay	Show a valid naturist license or proof of a stay at another naturist center
INF card for singles	Some campsites ask single men for an International Naturist Federation card
Quotas	A cap on the share of men, such as a maximum of 60% male members
Accompanied only	Single men may not enter unless with a woman or family
Waiting list	The club may be at its singles quota and keep your details until a spot opens

CHECK THE SINGLES POLICY BEFORE YOU BOOK.

Not every venue publishes one, and policies change, so check the venue's website or ask before you book. Know a venue's singles policy? Let us know and help the next traveler.

For solo men: how to get your foot in the door

1. **Join a naturist organization.** Membership in a group like AANR (the American Association for Nude Recreation) or a national federation of the INF is often the key that opens doors. Our Naturist communities page lists clubs and groups by country.
2. **Build a track record locally.** Visit a club near home first. Proof of an earlier stay at a naturist club is often accepted.
3. **Find a sponsor or a friend.** Many clubs let you visit with a friend, a partner or a member who sponsors you.
4. **Watch for singles-welcome events.** Some resorts waive the singles rule for certain events.
5. **Be open and genuine.** British Naturism advises single men to come across as friendly and honest, not defensive. If a club is at its quota, politely ask how its system works. A good club will explain and may keep you on file.

What gets applicants turned down: Staying reluctant to undress after several visits in warm weather, or seeming to be looking for "adult parties." In one writer's 10 years of experience, very few applicants were refused.

For solo women: comfort and confidence

Single women are usually welcomed readily. Relatively few apply, and clubs often value them for balancing their membership. Common worries include body image, feeling unsafe alone, and unwanted attention. A few ways to feel at ease:

- **Choose balanced venues.** Family parks and resorts with a gender-balance policy usually feel more comfortable than places where men far outnumber women.
- **Pick your spot on the beach wisely.** If you go to a nude beach alone, set your towel near a family with children or near a regular who can offer advice or company. Regulars are easy to spot: no tan lines.
- **Bring a friend for the first time if you prefer.** Many women do, and that's perfectly fine.

- **Keep your details private.** When you register, use your first initial without a title, and don't tell strangers where you're staying.
- **Book your transport ahead.** Arrange airport transfers with a licensed company, and consider ride apps that share your trip in real time.

Safety for every solo traveler

- **Tell someone your plans,** and share your location with a friend at home.
- **Research before you go.** Learn the rules of your specific destination before traveling, and check local laws and customs in the State Department's travel guidance.
- **Stick to designated areas.** Make sure you're on the official or very remote part of a beach before undressing.
- **Stay sober and keep your phone put away.** Cameras and phones out of sight is the norm almost everywhere.
- **Report problems.** Venues and beaches take bad behavior seriously. At Haulover Beach, inappropriate behavior can lead to arrest. At a resort, tell staff right away.
- **Guard your privacy.** If your job has a "morals clause," it's worth getting legal advice before you share naturist photos or join public groups.

Money matters: the single supplement

Traveling alone can cost more, because rooms and cabins are priced for two.

- **Resorts and cruises:** Resorts and naturist cruises often charge solo travelers more, sometimes up to the full price for two. Some resorts and cruises will match you with a same-sex roommate instead, usually with a signed agreement. Ask before you book.
- **Group trips:** Naturist travel agencies welcome singles on group cruises and resort trips, though a single supplement may apply.

FIELD GUIDE TIP

Book roommate matches early. On nude cruises, it's best not to confirm your reservation until you've found a roommate.

Making friends on your own

- **Go when it's busy.** Big weekends like Nude Recreation Week and major holidays are great times to visit.
- **Join the activities:** Volleyball, potlucks, pool games, group dinners. They're the easiest icebreakers.
- **Try a group trip** with a naturist travel agency.
- **Younger naturists, find your crowd.** Many federations have groups for younger naturists. Young British Naturism welcomes British Naturism members under 35, AANR offers a reduced Young Adult membership for ages 18–28, and the International Naturist Federation holds youth gatherings in Europe.
- **Remember the vibe:** Naturist destinations are about body freedom, not flirting.

The solo etiquette reminders

Everything in **Field Guide No. 1** applies, and it matters even more when you're on your own:

- **Never stare.** Staring is intrusive, and no naturist place tolerates it. Treat others the way you'd like to be treated.
- **Give people space,** and take "no" or silence as an answer.
- **If you're aroused,** cover up with your towel, roll onto your front or get into the water, and never draw attention to it.
- **Sit on your towel, leave the camera, and keep it non-sexual.**

SOLO TRAVELER QUICK CARD

screenshot this

1. Check the **singles policy** before you book
2. Join a naturist organization and keep your membership card handy
3. Build experience at a local club first
4. Choose balanced, family-friendly venues
5. Share your plans and location with someone at home
6. Budget for the single supplement, or find a roommate
7. Join the activities. That's where friendships start.

Policies change often. Always confirm singles and age policies directly with the venue before booking, and follow local laws. skyclad travel never publishes nude images.